

HOLYOKE

HEALTHCARE CENTER

282 Cabot Street ♦ Holyoke, MA
(413)538-7470

2018 Edition Volume 11

Administrator

Richard Cabral

Director of Nursing

Mary Walas

Assis. Director of Nursing

Leanne Coughlin

Director of Social Services

Anita Molta-Forgey

Director of Admissions

Jennifer Payette

Director of Activities

Hiral Redfern

Director of Food Service

Seth Myers

Director of Rehab

Ann Walko

Business Office Manager

Vanessa Myers

Director of Maintenance

Richie Hermany

Medical Records

Cheryl Ottersburg

Dietitian

Amy Shepardson

Housekeeping/Laundry

Supervisor

Ashley Gonzalez



Dear Residents and Families,

With the holidays approaching, we thought we would let you all know what is planned.

We will be offering two options for families to enjoy a traditional turkey Thanksgiving meal with your loved ones. We hope you will join us Tuesday November 20th starting at 11:30 AM or Thursday November 22nd also starting at 11:30 AM. Each resident may have up to 4 guests with a charge of \$10 per person. Please contact the front desk to make your reservations.

In December we will offer two dates for a traditional ham dinner: Thursday, December 20th starting at 11:30 or Tuesday, December 25th starting at 11:30 AM. Again, we request a limit of 4 guests per resident with a charge of \$10 per person, and that you contact receptions to make your reservations.

This time of year is also associated with the flu. We expect to begin distributing flu shots to our residents and staff over the next few weeks. Our medical team also asks that family members visit your healthcare professionals to receive your annual vaccination. We also ask that you please refrain from visiting for at least 24 hours after you have experienced GI or respiratory distress, to help prevent the spread of illness.

One reminder please- regulations require that all food brought in by family members be labeled and dated. Zip lock bags and labels are available in the kitchenettes for this purpose. Please be aware that after three days, the food is to be discarded.

We hope for all of you a happy and healthy holiday season!

Until Next Month,

Rick Cabral, Administrator

New Hires

Briana B. – Dietary

Sarah C. – Dietary

Nancy C. – LPN

Shannon H. – CNA

Michelle M. – RN

Jessica O. – LPN

Heidy S. – RN

Randal V. – Dietary

Special Thanks:

Holyoke HealthCare Center would like to thank Messier Funeral Home for being great neighbors. We deeply appreciate the prompt and courteous assistance they provided recently when a resident passed without prior arrangements.



Due to our numerous holiday events, Pasta Palace will be back January 31, 2018!

Please see the receptionist for sign up at the front desk.

Join us for our annual Family Thanksgiving dinner on November 20th at 11:30a, and our Thanksgiving Day dinner on November 22nd at 11:30a.

Price is \$10 per person, guest limit to four (4)

Thanksgiving Dinner Menu

November 20th

Prime Rib

Roasted Garlic whipped Potatoes

Cranberry Sauce

Broccoli Casserole

Dessert:

Traditional Holiday Pies

Alternative Selection:

Roasted Pork tenderloin w/Apple Slaw

November 22nd

Spiral Ham

Roasted Rosemary Potatoes

Cranberry sauce

Green Bean Casserole

Dessert:

Cranberry Apple Cobbler

Alternative Selection:

Slow Roasted Pot Roast

Partners Anniversary

Hiral Redfern ~ 2 yr.

Natalie Nieves ~ 1Yr.

Christopher Larsen ~ 1Yr.

Marisol Torres ~ 21 yrs.

Ellen Dubay ~ 1Yr.

Congratulations!

Thank you for being part of the

NHC team.

Resident Right of the Month

****Notice of Your Rights****

The nursing facility must inform you orally and in writing at the time when you enter the facility, regardless of your payment source at that time, of your legal rights during your stay at the facility and of the requirements and procedures for establishing eligibility for Medical Assistance. The nursing facility must also give you a separate, detailed copy of residents' rights at the time of admission, which fully explains all of your rights as a nursing facility resident.

